

## Carers Information Sheet 17

### Carers of Adults with a Learning Disability

**This leaflet is not an exhaustive list, but includes key organisations** (in addition to Carers Lewisham) **that support people aged over 18 who have a learning disability and their carers.**

#### **Social Services Adults with Learning Disabilities Service**

Provides information, advice, assessments (including for carers) & "care packages" - for those with a severe learning disability (e.g. an IQ of less than 70) identified in childhood.

Laurence House, Catford, London SE6

Tel: **020 8314 8245**

For vulnerable adults with a less severe disability, try the Social Services Younger Adults Service, Laurence House. Tel: **020 8314 7766**

#### **Community Health Team** ("Lewisham Partnership")

Includes specialist nurses, speech therapists, physios, etc.

19-21 Brownhill Road, SE6 2HG

Tel: **8698 6788/ 8133**

#### **Lewisham Mencap**

Help and advice to people with learning disabilities, their families and carers. Also newsletter, clubs, holiday bungalow, etc.

Drop-in every Thurs., 10 - 12

72 Lee High Rd, Lewisham, SE13 5PT

Email: [lewisham.mencap@btconnect.com](mailto:lewisham.mencap@btconnect.com)

Tel: **020 8852 4100**

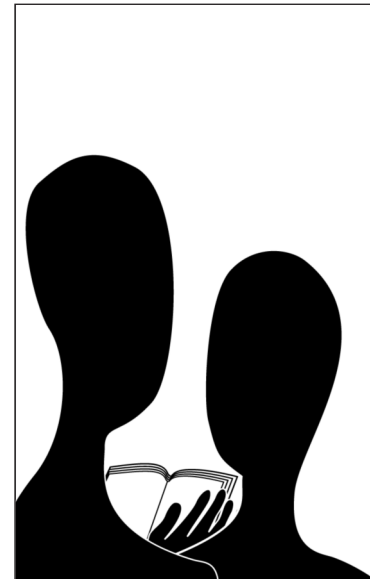
#### **Lifestyles** (Social Services) day centres.

Includes access to employment / classes, special needs units, etc.

C/O Ladywell Day Centre

148 Dressington Avenue, SE4 1JF

Tel: **020 8314 9194**



Also: Leemore Centre, Lewisham

Tel: **020 8852 9761**

Mulberry Centre, New Cross

Tel: **020 8314 9034**

Naborhood Centre, Sydenham

Tel: **020 8778 9952**

Wesley Hall, Downham

Tel: **020 8695 6273**

Under-45s + Fridays drop-in at Horizontes, Deptford

Tel: **020 8694 8174**

#### **Shared Lives**

Long-term family placements. Also short breaks & befriending. Assessment by Social Worker.

Laurence House

Tel: **020 8314 8904**

**Speaking Up Group**

Group Activities + support for self-advocacy.  
The Albany (room 25)  
Douglas Way, Deptford, SE8 4AG  
Tel: **020 8692 1862**

**Mencap Pathway Employment**

Supported employment service.  
Hughes Field Centre, King St. SE8 3HS  
Tel: **020 8692 7296**

**Lewisham College**

School of Supported Learning.  
Foundation / "Special Needs" courses.  
Lewisham Way, SE4 1UT  
Tel: **020 8694 3218**

**Community Education Lewisham**

Range of classes (including computers):  
Brockley Rise Centre, SE23 1PR  
Tel: **020 8314 6677**  
Granville Park Centre  
Tel: **020 8314 6666**

**Providence Linc United Services (PLUS)**

Staffed & supported housing, short break care,  
community support for individuals, etc.  
Needs assessed by a Social Services Adults with  
Learning Disabilities Social Worker.  
23 High St., Penge, SE20 7HJ  
Tel: **020 8297 1207**

**Other residential & community support services**

are also accessed via a Social Worker's  
assessment, e.g.:

- Access for living,  
Tel: **020 8297 6659**

- Care & Commitment in Community (3 C's)  
Tel: **020 8269 4340**

- Nexus  
Tel: **020 8461 4804**

**National Family Carers Network**

Tel: **01883 722 311**  
[www.familycarers.org.uk](http://www.familycarers.org.uk)

**Learning Disability Helpline**

Helpline: **0808 808 1111**  
[www.mencap.org.uk](http://www.mencap.org.uk)

Mencap **Wills & Trusts** Service

Information, advice, specialist solicitors, etc., on  
planning for the future.  
Tel: **020 7696 6925**  
Email: [willsandtrusts@mencap.org.uk](mailto:willsandtrusts@mencap.org.uk)

