

## Carers Information Sheet 20

### Carers of Adults with a Learning Disability

This leaflet is not an exhaustive list, but includes key organisations (in addition to Carers Lewisham) that support people aged over 18 who have a learning disability and their carers.

#### Social Services Adults with learning disabilities service

Provides information, advice, assessments (including for carers) and care packages - for those with a severe learning disability (e.g. an IQ of less than 70) identified in childhood.

Laurence House, Catford,  
London SE6.

Tele: 020 8314 8245

For vulnerable adults with a less severe disability, try the Social Services Younger Adults Service, Laurence House. Tele: 020 8314 7766

#### Lewisham Mencap

Help and advice to people with learning disabilities, their families and carers. Also newsletter, clubs, holiday bungalow, etc.

Drop-in every Thurs., 10–12.

72 Lee High Rd, Lewisham, SE13 5PT

Email: lewisham.mencap@btconnect.com

Tele: 020 8852 4100

#### Lifestyles (Social Services) day centres

Include access to employment/ classes, special needs units, etc.

C/o Ladywell day centre, 148 Dressington Avenue. SE4 1JF Tele: 020 8314 9194

Also,

Leemore Centre, Lewisham Tele: 020 8852 9761

Mulberry Centre, New Cross Tele: 020 8314 9034

Naborhood, Sydenham, Tele: 020 8778 9952

Wesley Hall, Downham Tele: 020 8695 6273

Under-45s + Fridays drop-in at Horizontes, Deptford

Tele: 020 8694 8174



#### Shared Lives

Long-term family placements. Also short breaks & befriending. Assessment by Social Worker.

Laurence House Tele: 020 8314 8904

#### Speaking Up Group

Activities + support for self-advocacy.

The Albany (room 25), Douglas Way, Deptford. SE8 4AG. Tele: 020 8692 1862

#### Mencap Pathway

Supported employment service.

Hughesfield Centre, King St. SE8 3HS.

Tele: 020 8692 7296

Lewisham College School of supported learning. Foundation/ special needs courses.

Lewisham Way. SE4 1UT Tele: 020 8694 3218

#### Community Education Lewisham

Range of classes (including computers):

Brockley Rise Centre, SE23 1PR

Tele: 020 8314 6677

Granville Park Centre SE13 Tele: 020 8314 6666

**Providence Linc United Services (PLUS)**

Staffed & supported housing, short break care, community support for individuals, etc. Needs assessed by a Social Services adults with learning disabilities Social Worker.

23 High St., Penge. SE20 7HJ

**Tele: 020 8297 1207**

**Other residential & community support services** are also accessed via a Social Worker's assessment, e.g.

- Access for living **Tele: 0208297 6659**
- Care and commitment in Community (3 C's) **Tele: 020 8269 4340**
- 
- Nexus **Tele: 020 8613 9965**

**National Family Carers Network**

**Tele: 01883 722 311**

[www.familycarers.org.uk](http://www.familycarers.org.uk)

**Learning Disability Helpline**

**Helpline: Tele: 0808 808 1111**

[www.mencap.org.uk](http://www.mencap.org.uk)

**Mencap Wills & Trusts Service**

Information, advice, specialist solicitors etc. on planning for the future.

**Tele: 020 7696 6925**

Email: [willsandtrusts@mencap.org.uk](mailto:willsandtrusts@mencap.org.uk)



**Lewisham Carers Centre, Waldram Place, Forest Hill, London SE23 2LB**

**Tel: 020 8699 8686 Fax: 020 8699 0634**

**Email: [info@carerslewisham.org.uk](mailto:info@carerslewisham.org.uk) Web: [www.carerslewisham.org.uk](http://www.carerslewisham.org.uk)**

Patron: Dr Brian Fisher MBE Registered Charity No:1073592 Company limited by guarantee Registered in England No:3681548

