

**Carers Information Sheet 22**

**Carers of People with Physical Disabilities**

This leaflet contains specific additional information for carers of people with physical disabilities. This is not an exhaustive list but gives information about key organisations in Lewisham that support people who have a physical disability and their carers.

**ARTHRITIS CARE:**

National Charity that provides advice and information to people with arthritis and their carers

**Helpline number: 0808 800 4050**

**SHINE - Spina bifida Hydrocephalus Information Networking Equality**

Support; home visits to families; regular newsletter; grants, including holidays; holiday bungalow.

**Tele: 01733 555 988**

[www.shinecharity.org.uk](http://www.shinecharity.org.uk)

**BLUE BADGE SCHEME**

This scheme allows people with mobility problems to have parking concessions in some areas.

**London Borough of Lewisham**

**Tele: 020 8314 9844**

**CYSTIC FIBROSIS TRUST**

A National Charity providing advice, information and support to people with the above condition and their carers.

**Tele: 020 8464 7211 for general enquiries or**

**Helpline number 0300 373 100**

11 London Road, Bromley Kent, BR1 1BY

**DIAL A RIDE**

Offers a transport service to people who are unable to use public transport. You are able to use it to travel anywhere within South East London and up to one mile outside. In certain circumstances they may be able to arrange trips to other London destinations. There is a charge for the user and the person accompanying them, depending on the distance travelled.

**Tele: 0207 309 8900**

[www.tfl.gov.uk/gettingaround](http://www.tfl.gov.uk/gettingaround)



**DISABLED MOTORING UK**

[www.disabledmotoring.org](http://www.disabledmotoring.org)

**Tele: 01508 489449**

**EVELYN 190 CENTRE**

A local voluntary organisation, that provides advice on Welfare Benefits to people with disabilities.

190 Evelyn St, Deptford, London, SE8 5DB

**Tele: 020 8691 7180**

**HUNTINGDON'S DISEASE ASSOCIATION**

A National Charity that provides advice information and support to sufferers and their families.

**Tele: 020 7022 1950**

Downstream Building, 1 London Bridge, London, SE1 9BG

**PROSTHETIC SERVICES**

Provides services to people who have lost limbs.

NHS Southwark, Bowley Close Rehabilitation Centre, Farquhar Road, Crystal Palace, SE19 1SZ

**Tele: : 020 3049 7700**

**LEWISHAM DISABILITY COALITION (LDC)**

Information and advice service on all aspects of living with disability or a long term health problem. Casework

advocacy for families.

**Tele: 0208 314 1414**

2 Catford Broadway, SE6 4SP

#### **LADYWELL DAY CENTRE**

Day Care for people with disabilities.

148 Dressington Avenue,  
Brockley, London, SE4 1JF

**Tele: 020 8314 9194**

#### **LEWISHAM COMMUNITY TRANSPORT SCHEME**

Transport for people with disabilities

**CONTACT:** Community Transport Scheme

**Tele: 020 8318 5900**

**Email:** info@lewishamctscheme.org.uk

#### **LEWISHAM TALKING NEWSPAPER FOR VISUALLY IMPAIRED**

Local Voluntary organisation produces a regular newsletter for blind and partially sighted people.

**Tele: 020 8699 9399**

**Email:** ltnenqs@hotmail.com

#### **MUSCULAR DYSTROPHY CAMPAIGN SERVICE:**

Local Voluntary Organisation, advice and information for sufferers and their families.

**HEAD OFFICE: 020 7803 4800**

#### **PARKINSONS DISEASE ASSOCIATION**

Local Voluntary Organisation providing advice and information for sufferers and their families

**National Helpline: 0808 800 0303**

www.parkinsons.org.uk

Local support **Tele: 0844 225 3776**

**Email:** isw.greenwichlewisham@parkinsons.org.uk

#### **S.E.LONDON SCOPE**

Local Voluntary Organisation providing advice & information to people with Cerebral Palsy and their families

**Tele: 020 8314 1414**

#### **SENSORY SERVICES UNIT**

Advice and support for people with hearing and sight difficulties.

#### **Lewisham Council Social Services**

2nd Floor, Laurence House

1 Catford Road, SE6 4RU

**Tele: 020 8314 7777**

**Info.ots@lewisham.gov.uk**

#### **THE STROKE ASSOCIATION**

Local support and advice for sufferers and their families.

The Community Centre, St Laurence Church

37 Bromley Road

SE6 2TS

**Tele: 020 8698 9648**



**Lewisham Carers Centre, Waldram Place, Forest Hill, London SE23 2LB**

**Tel: 020 8699 8686 Fax: 020 8699 0634**

**Email: info@carerslewisham.org.uk Web: www.carerslewisham.org.uk**

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