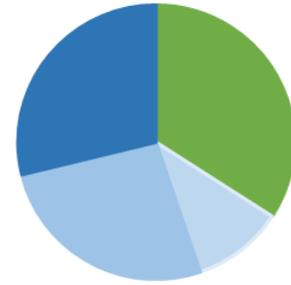
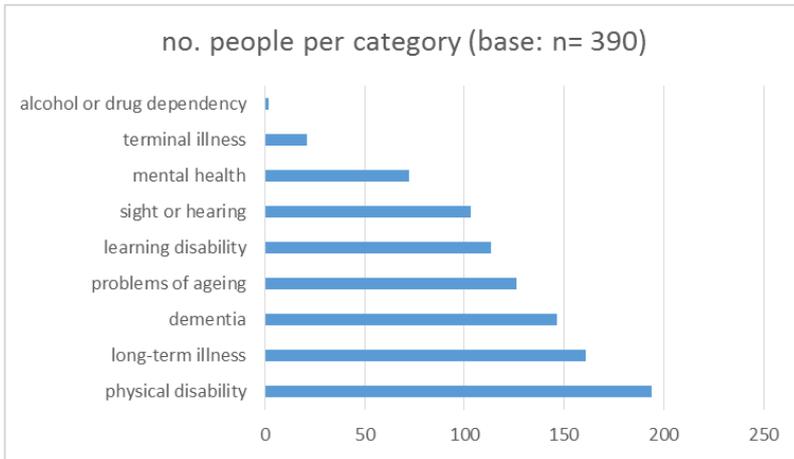


# Lewisham's National Carers Survey Data

October 2014

Nearly 400 people returned their survey. **Thank you.**

Carers reported that they support people with the following needs...



...and many people cared for are over 65 years of age



**73.8%**

-of carers shared the same living space with the person they care for...



...and **45.5%** had been a carer with this person for more than 10 years

Asked about the impact of caring and quality of life for, carers said...

People said they were not in employment because of their caring responsibilities (**30.5%**)



I have no worries about personal safety (78.1%)<sup>1</sup>

I look after myself (48.3%)<sup>1</sup>

I get as much social contact as I like (35.2%)<sup>1</sup>



I don't do anything I value or enjoy with my time (18.6%)<sup>3</sup>

I get no encouragement and support (19.1%)<sup>3</sup>

I feel that I neglect myself (20.6%)<sup>1</sup>

**105**

**KEY:**

+ Top three 'positives';

- Top three 'negatives'

<sup>1</sup> n=385; <sup>2</sup> n= 380; <sup>3</sup> n=390

# Lewisham's National Carers Survey Data

October 2014

Carers offer a range of emotional, personal support in the 12 months prior...

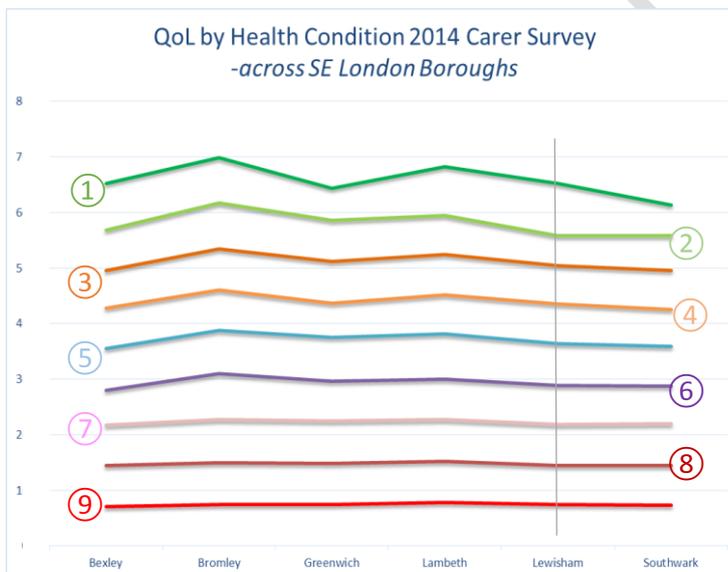


...With 'keeping a watchful eye' the highest response area. But there was not much difference between keeping company, dealing with practical support including financial paperwork and giving medicines.

...despite **52%** of responses indicating some form of personal illness or difficulty

## In 2014, how does Lewisham carer responses compare to other SE London Boroughs?

Key:



...the chart shows the Carer calculated quality of life scores, by health condition of the person they care for. Each coloured line represents a particular group of people (see the 'key').

Uniformly across SE London, carers reported lowest quality of life for themselves whilst caring for a person with dementia ⑨; they reported highest quality of life when caring for people alcohol & drug dependency needs ①

But note the sample sizes vary across each condition (see percentages in the 'key').

The base of **4710** carers responded across the 6 authorities.

Source: Health and Social-care Quality of Life by Health Condition Data- Carers (National) Survey data, 2014 ; x-axis (borough) y-axis (score out of 12)

KEY:

- 9 Person with dementia Score (1%) Outcome\_Q2a
- 8 Person with PhysDisability Score (22%) Outcome\_Q2b
- 7 Person with visual or hearing impairment Score (11%) Outcome\_Q2c
- 6 Person with mental health issues Score (10%) Outcome\_Q2d
- 5 Person with complications of aging/frailty Score (15%) Outcome\_Q2e
- 4 Person with Learning disability Score(8%) Outcome\_Q2f
- 3 Person with Long Term Condition Score (17%) Outcome\_Q2g
- 2 Person with Terminal Illness Score Outcome\_Q2h