



COPE_eSUPPORT

**EFFIP (E-Support for Families & Friends of Individuals affected by Psychosis)
Project Usability Study on the EFFIP online resource prototype**

**Be the first to try out our brand new online resource
<http://cope-support.org> that gives information and support for carers
supporting a loved one with psychosis**

About the EFFIP Project

The EFFIP (E-support for Families & Friends of Individuals affected by Psychosis) Project aims to develop and evaluate an online resource, called **COPE-support** (Carers fOr People with Psychosis e-support resource) for carers, providing peer support and information on psychosis, coping and management strategies for common symptoms and ways for carers to look after themselves.

What is the usability study about?

Our online resource-prototype, COPE-support, accessible via <http://cope-support.org> is nearly developed and ready to use! We need 20 carers to try this out and give us feedback on how well it works – such as can you log on easily from home, how well it navigates? How useful for you to use it? We will use this feedback to refine COPE-support further and make it better.

What does taking part involve?

We ask carers to try out the COPE-support resource over 2 weeks in autumn/winter 2017, spending about 2-3 hours to visit the various information and discussions available. Carers will have access to the resource 24/7 and can use it whenever and however you like, all online. We will also ask you to give us lots of feedback by completing a questionnaire online.

Who can join the usability study?

We are inviting carers supporting a loved one affected by psychosis to join the study. Carers can be parents, partners, siblings, other family members or close friends. All participants need to be aged 18 or above, living in England, able to communicate in English, and have daily access to the internet.

If you'd like to find out more

Please read the [information sheet for participants](#), and contact Jacqueline Sin who is leading the study, on 07817027035 or jasin@sgul.ac.uk, or visit our website <http://cope-support.org>, or via Twitter @COPE-support

Participants will be paid £10 for their time

This study (IRAS 233238) has been approved by London – Brent Research Ethics Committee (17/LO/1642) and HRA (233238)